

# PUBLICATION

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## Update: Even Easier Ways to Track and Organize Key Health Information!

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In the previous issue of *Strive*, we addressed simple steps that you can take to put your health-related affairs in order (see *Easy Ways to Track and Organize Key Health Information – From Your Smartphone!*). Since then, the American Bar Association (ABA) created a new app, Mind Your Loved Ones, that helps families access advanced directives and other medical information. This new app allows individuals to store key health-related documents and information about themselves and their loved ones that can be easily accessed and shared.

To read more about the app, check out <http://mindyour-lovedones.com/> or click [here](#).